

EARLY CAREER FORUM

FRIDAY, MAY 31, 2024

BOSTON, MA

SPONSORED BY THE ENDOCRINE SOCIETY



SCHEDULE AT A GLANCE

Welcome to the 2024 Early Career Forum and ENDO 2024, the Endocrine Society's Annual Meeting! Here is a snapshot of essential information you'll need to know to get the most out of this extraordinary workshop and meeting. Use the guide below as a quick reference for sessions and activities that will help launch your career and enhance your endocrine knowledge.

SCHEDULE AT A GLANCE

| TIME | SESSION |
|-----------------|---|
| 7:30-8:00 AM ET | Registration and Breakfast |
| | Room 156ABC (Main Room) |
| | Visit registration and join us for breakfast before sessions begin! |
| 8:00-8:15 AM ET | Welcome and Introduction |
| | Room 156ABC (Main Room) This session will include a brief introduction and orientation to Early Career Forum programming. |
| | Speaker: Stephen Hammes, MD, PhD |
| | Moderator: Dequina Nicholas, PhD |
| 8:15-8:30 AM ET | ENDO A-Z: How to Get the Most from the Annual Meeting |
| | Room 156ABC (Main Room) This session will include clinicians, clinical scientists, and basic scientists. It highlights the aspects of ENDO 2024 |
| | that trainees can take advantage of during the meeting. After this session, attendees should be able to: |
| | Identify elements of ENDO 2024 specific to trainees. |
| | Navigate the ENDO 2024 meeting with ease. |
| | • Understand the organization breakdown of the meeting into basic science, clinical, and translational talks. |
| | Understand the value of late breaking research (oral sessions and poster sessions). |
| | Use recommended resources to find topics of interest (i.e. ENDO website and phone apps). |
| | Understand the goals and format of the Meet the Professor sessions with an emphasis on networking opportunities. |
| | Navigate the Poster Sessions with ease and use recommendations to get the most from speaking with presenters for research collaborations and networking opportunities. |
| | Highlight the Professional Development Workshops, which go into further depth on a few topics touched upon during trainee day. |
| | Speaker: Lauren Fishbein, MD, PhD |
| | Moderator: Dequina Nicholas, PhD |
| 8:35–9:05 AM ET | The Benefits of Getting Involved with Endocrine Society and How to Do It |
| | Room 156ABC (Main Room) |
| | This session will include clinicians, clinical scientists, and basic scientists. ENDO 2024 will begin and end before you know it. However, being a member of the Endocrine Society has so many more benefits than just the annual |
| | meeting. In this session, learn how to engage with the Endocrine Society during the year and how to give back to |
| | making the Endocrine Society an even better place. |
| | Learn the benefits of becoming an Endocrine Society Member. |
| | Learn how to navigate the Endocrine Society Portal to become a volunteer. |
| | Know the benefits of joining a Special Interest Group and learn how to do it. |
| | Discover community on the EndoForum platform. |
| | Know how to engage in advocacy for the Endocrine Society. |
| | Speakers: Katie Guttenberg, MD; Dequina Nicholas, PhD; and Ellie Cliff |
| 9:05-9:15 AM ET | Break |

9:15-10:05 AM ET

Know Your Career Options: Clinical and Research

These sessions will feature speaker panels to discuss various career pathways for clinical endocrinologists and researchers.

(Choose One)

Research Career Options: Academic Industry, Nonprofit, Science Writing Room 157AB (Breakout Room)

Designed for clinical scientists and basic scientists, this session will include a panel of speakers to address academic (translational and basic research) and non-academic (including nonprofit and science writing) career paths. After this session, attendee should be able to:

- Define different academic and non-academic tracks.
- Understand metrics for career advancement (research, publications, teaching, etc.)
- Identify ways to enter each pathway. Examples include master's programs during fellowship for clinical research, translational research, clinical epidemiology, etc.
- Compare and contrast scientific positions in academia, industry, and government (i.e. pay scale; advancement; intellectual freedom; resource availability—money, equipment, personnel; ability to mentor; work schedule; performance expectations; etc.).
- Obtain additional resources (i.e. website, professional contact information) to further investigate these career options.

Speakers: Enrique Caballero, MD; Joe Laakso, PhD; Troy Roepke, PhD; and Cherié Butts, PhD Moderator: Natasha Roman-Ortiz

 Clinical Career Options: Clinician Educator, Telemedicine, Locums, Private Practice Room 156ABC (Main Room)

Designed for clinicians and clinical scientists, this session will feature a panel of speakers to address telemedicine, locums, clinical educators, and private clinical practice career paths. After this session, attendees should be able to:

- Understand the differences between careers in private practice, hospitalists, and clinical academic medicine.
- Describe the benefits and downsides of different clinical practice options.
- Describe factors to consider when choosing a practice (i.e. location, salary, employment contract, social/ financial lifestyle, level of work effort, etc.)
- Describe factors to consider when starting a practice (i.e. practice development plan, financial management and profitability, human resources, etc.)

Speakers: Nadia Barghouthi, MD, MPH; David Toth, MD, FACE; Rokshana Thanadar, MD; and Jill Paulson, MD Moderator: Carl Pallais, MD, MPH

| 10:05–10:15 AM ET | Break | | | | |
|-------------------|---|--|--|--|--|
| 10:15–10:55 AM ET | Breakout Sessions | | | | |
| (Choose One) | Navigating the Job Search for Basic/Clinical/Translational Research Jobs, Part 1 (Finding Jobs and Application Materials) Room 157AB (Breakout Room) Intended for clinical scientists and basic scientists, this session will provide an overview of the key components to a successful career path with emphasis on structured job search and components of a research position application. This session will provide a panel of speakers to discuss the job search for basic/clinical/translational research jobs. After this session, attendees should be able to: | | | | |
| | Understand what makes a competitive candidate for scientists in the United States and internationally. Know the different components of a faculty application. Understand the purpose of the different components of a faculty application. Have knowledge of when and how to begin a job search in academic and non-academic research settings. Have knowledge about how to "promote" yourself and create opportunities for hiring. Speakers: Lindsey Treviño, PhD; Dana Gaddy, PhD; and Dequina Nicholas, PhD Moderator: Matthew Sikora, PhD | | | | |

| | Navigating the Job Search for Clinical Practice Jobs, Part 1 (Finding Jobs and Application Materials) Poorm 156 APC (Main Ream) | | | | |
|----------------------|---|--|--|--|--|
| | Room 156ABC (Main Room) Intended for clinicians, this session will provide an overview of the key components to a successful career path with emphasis on structured job search, timelines, and application requirements. This session will provide a panel of speakers to discuss the job search for clinical practice jobs. After this session, attendees should be able to: | | | | |
| | • Understand what makes a candidate competitive for clinicians in the United States and internationally. | | | | |
| | Have knowledge of when and how to begin a job search for clinical practice. | | | | |
| | Have knowledge about how to "promote" yourself in your application. | | | | |
| | Speakers: Benjamin Gigliotti, MD; Milay Luis Lam, MD; Alyson Myers, MD; and Maria Yialamas, MD Moderator: Mark True, MD | | | | |
| 10:55–11:10 AM ET | Break | | | | |
| 11:10 AM-12:00 PM ET | Breakout Sessions | | | | |
| (Choose One) | Navigating the Job Search for Basic/Clinical/Translational Research Jobs, Part 2 (Crushing the Interview) Room 157AB (Breakout Room) Intended for clinical scientists and basic scientists, this session will provide an overview of the interview process for basic/clinical/translational research jobs with emphasis on developing the necessary interviewing skills. This session will provide a panel of speakers to discuss interviewing for basic/clinical/translational research jobs. After this session, attendees should be able to: Know the structure of research job interviews. Understand what interviewers are looking for. Understand the purpose of different types of interviews questions. Have tangible lists of what to prepare for the initial zoom interviews versus on-site interviews. Have practical tips for preparing the research and chalk talk. | | | | |
| | Speakers: Lindsey Treviño, PhD; Dana Gaddy, PhD; and Dequina Nicholas, PhD Moderator: Matthew Sikora, PhD Navigating the Job Search for Clinical Practice Jobs, Part 2 (Crushing the Interview) Room 156ABC (Main Room) Intended for clinicians, this session will provide an overview of the interview process for clinical practice jobs with emphasis on developing the necessary interviewing skills. This session will provide a panel of speakers to discuss interviewing for clinical practice jobs. After this session, attendees should be able to: | | | | |
| | Know the structure of clinical practice job interviews. | | | | |
| | Understand what interviewers are looking for. | | | | |
| | Understand the purpose of different types of interview questions. | | | | |
| | Have tangible lists of what to practice. | | | | |
| | Have knowledge of how to make a good first impression. | | | | |
| | Speakers: Benjamin Gigliotti, MD; Milay Luis Lam, MD; and Alyson Myers, MD Moderator: Mark True, MD | | | | |
| 12:00-1:00 PM ET | Networking Lunch | | | | |

1:00–1:45 PM ET (Choose One)

Breakout Sessions

Government Jobs

Room 156ABC (Main Room)

Intended for clinicians, clinical scientists, and basic scientists, this session will include a panel of speakers to address US government career paths. Invited panelists will share their personal journey of how they began government work and detail additional options in government based on their experience. After this session, attendees should be able to:

- Define different government tracks and understand the various pathways for seeking scientific careers at the federal level.
- Identify ways to enter each pathway. Examples include internships and government fellowships (AAAS)
- Compare and contrast scientific positions in academia, industry, and government (i.e. pay scale; advancement; intellectual freedom; resource availability—money, equipment, personnel; ability to mentor; work schedule; performance expectations; etc.).
- Obtain additional resources (i.e. website, professional contact information) to further investigate these career options.

Speakers: Cherié Butts, PhD; Baski Thyagarajan, PhD; Olivia Molinar-Inglis, PhD; and Mark True, MD Moderator: Nicole Ehrhardt, MD

Practical Advice for International Medical Graduates and Scientists Moving to the USA Room 157AB (Breakout Room)

This session will provide a panel of speakers to discuss common obstacles and potential solutions for planning career advancement in the United States as an international clinician/scientist in a Q&A format. After this session, attendees should be able to:

- Navigate the visa status.
- Understand the importance of timeline planning.
- Identify geographical limitations related to visa status.
- Understand the role of flexibility and travel options outside the comfort zone for the dream job.

Speakers: Silvania da Silva Teixeira, PhD; Adriana Lofrano-Porto, MD, PhD; Christie Turin More, MD; and Gabriela Pacheco Sanchez, PhD

Moderators: Inga Harbuz-Miller, MD and Jazma Tapia, PhD

1:50-4:00 PM ET Communication Tools: How to Understand and Be Understood Room 156ABC (Main Room) In this engaging, activity based session using the "Communication Wheel," learners will gain skills to leverage their

- authentic communication style professionally. After this session, attendees should be able to:Discover your primary and secondary communication style.
- Learn how to best collaborate with different communication style profiles.
- Gain firsthand, small group experience implementing communication style knowledge and skills.

Speaker: Anne Libby, PhD

SCHEDULE AT A GLANCE CONTINUED



4:00–4:40 PM ET (Choose One)

Breakout Sessions

Secrets to Success: Stories of a Personal Research Career Journey

Room 157AB (Breakout Room)

Designed for clinical scientists and basic scientists, this session presents an inspiring description of the speaker's journey to her current success in endocrinology research. The speaker will provide relatable and motivational experiences encountered during the progression of her research career. A behind-the-scenes look reveals that success is not a straightforward path. The speaker will share helpful advice on managing one's career and personal life. After this session, attendees should be able to:

- Describe various possible career pathways to research in endocrinology.
- Recognize opportunities for career advancement and career shifts.
- Gain perspective on what managing life and advancing their careers means.

Speaker: TBD

Moderator: Nadia Barghouthi, MD, MPH

How I Got Here: Stories of a Personal Career Journey

Room 156ABC (Main Room)

This session is designed for clinicians and clinical scientists. Dr. Gary Hammer shares his journey from theatre major to endocrine oncologist, emphasizing the power of embracing failure for growth. Explore the synergy between clinical practice and scientific discovery, discerning how simple clinical observations led to groundbreaking insights. Learn about advocacy, entrepreneurship, and the broader impact of medical expertise, showcasing how unconventional paths can drive innovation in healthcare. After this session, attendees should be able to:

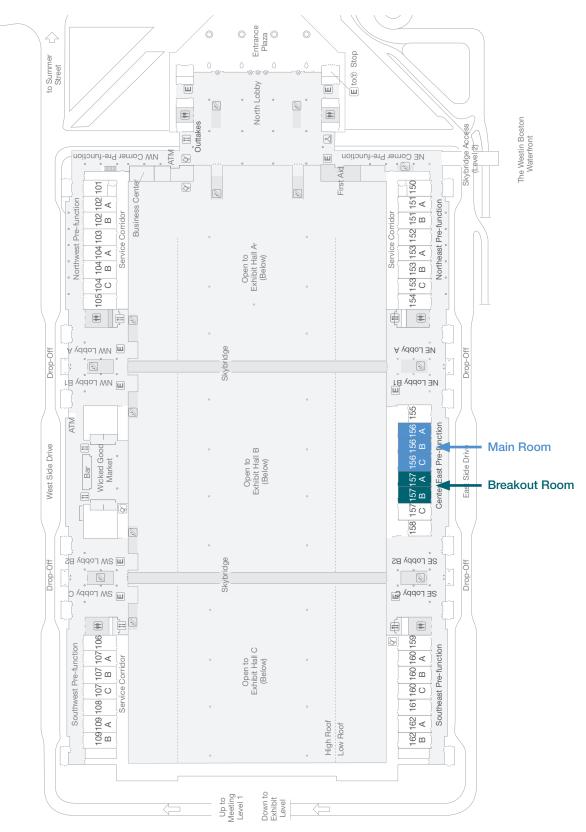
- Embrace failure as a catalyst for growth.
- Describe various possible career pathways in clinical endocrinology.
- Recognize opportunities for career advancement and career shifts.
- Appreciate the synergy of clinical practice and scientific discovery.
- Speaker: Gary Hammer, MD, PhD Moderator: Diane Donegan, MB BCh BAO, MRCPI

| | - | | |
|-----------------|------------------------------|--|--|
| 4:40-5:00 PM ET | End of Day Q&A with Speakers | | |
| | Room 156ABC (Main Room) | | |

FLOORPLAN

BOSTON CONVENTION AND EXHIBITION CENTER

MEETING LEVEL 1



MEET THE FACULTY



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MEET THE FACULTY CONTINUED



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| Parinya Samakkarnthai, MD | Endocrinologist | The Endocrine Society of Thailand | |
| Yea Eun Kang, MD, PhD | Assistant Professor | Korean Endocrine Society | |
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ENDO SESSIONS OF INTEREST TO EARLY AND MID-CAREER PROFESSIONALS

PLEASE CHECK THE ENDO 2024 APP FOR ADDITIONAL SESSION DETAILS.

SATURDAY, JUNE 1

9:45-11:15 AM

Hitting it out the Ballpark: Grant Writing for Securing your First RO1 or Equivalent Research Award

11:30 AM-12:15 PM Top 5 Strategies to Running a Successful Lab

3:30–4:15 PM Surviving the First Year of Private Practice

4:30–6:00 PM Stepping Up to the Plate: Grant Writing for Your K Award

SUNDAY, JUNE 2

9:15–10:45 AM Navigating Microaggressions

11:00-11:45 AM

Choose Your Own Adventure: Career Paths in Endocrinology

12:30-1:30 PM

SIG Community Roundtable Sunday

1:00-2:00 PM

Meet the NIDDK Program Directors: An Overview of Funding Opportunities and Resources Available through the NIDDK

2:00-4:00 PM

Career Fair (Advanced Registration Recommended)

2:00–3:30 PM Rising Stars Power Talks

2:30–3:15 PM Expanding Your Digital Reach

3:45–4:45 PM Early Investigators Presentations

4:30–6:00 PM Effective Teaching Strategies

6:00-7:30 PM LGBTQIA+ Reception

MONDAY, JUNE 3

2:30-3:15 PM

Podcasting and Other Social Media Strategies to Increase Professional Visibility

3:30-4:15 PM

Practical Advice for International Medical Graduates or Scientists Planning to Come or Stay in the USA

4:30-6:00 PM

Obtaining Leadership Skills and Positions: Panel Discussion cosponsored by Women in Endocrinology (WE)

6:15-7:45 PM

Minority Mentoring Poster Reception (Advanced Registration Recommended)

EndoFarum

STAY CONNECTED TO YOUR PEERS!



From questions on cases to connecting with mentors, EndoForum makes it easy for members to have open, in-depth discussions with their peers around the world. Access webinars, share cutting-edge endocrine research, and so much more in our member-exclusive, online community in DocMatter.

Visit endocrine.org/endoforum to learn more.



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DISCOVER YOUR NEXT OPPORTUNITY ENDO 2024 CAREER FAIR

FIND ENDOCRINE-RELATED JOBS AND CONNECT WITH TOP EMPLOYERS

SUNDAY, JUNE 2, 2024 2:00-4:00 PM, ET BOSTON, MA



BROWSE JOBS NOW AT ENDOCRINE.ORG/ENDOCAREERS





STAY CONNECTED WITH US ONLINE:

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- FOLLOW US ON INSTAGRAM! Search: theendocrinesociety
- FOLLOW US ON X! Search: TheEndoSociety or #END02024
- JOIN US ON LINKEDIN! Search: Endocrine Society

FOR MORE INFORMATION, PLEASE CONTACT US AT DIVERSITY@ENDOCRINE.ORG.

ENDOCRINE.ORG

PROGRAM DEVELOPED BY THE TRAINING AND CAREER DEVELOPMENT CORE COMMITTEE

SPECIAL THANKS TO:

Dequina Nicholas, PhD Co-Chair of the Early Career Forum Planning Workgroup

Nadia Barghouthi, MD, MPH Co-Chair of the Early Career Forum Planning Workgroup

Inga Harbuz Miller, MD Co-Chair of the Training and Career Development Core Committee

Matthew Sikora, PhD Co-Chair of the Training and Career Development Core Committee

The Endocrine Society's Meetings, Marketing, and Professional Development teams for organizing the event.

TRAVEL AWARDS ARE SPONSORED BY THE ENDOCRINE SOCIETY.

